



OWLZ & BOWLZ



VORSPEISEN & BEILAGEN

GARNELEN PIRI PIRI

Königsgarnelen, Sushi-Reis, frische Kräuter, gegrillte Ananas, ANANAS-CHILLI-Mayonnaise

€ 14



BF

OWLZ SWEET POTATO FRIES

Süßkartoffel-Pommes, vegane WASABI Mayonnaise

€ 8



EDAMAME

gekochte japanische Bohnen

€ 7



-salzig
-scharf

F

KLEINE SALAT BOWL

Salat-Ensemble, Rohkost, Granapfel-Zitrusdressing, Nüsse, Orangenfilets

€ 7

EH

CAULIFLOWER WINGS

Frittierte Blumenkohlrosen, MANGO-CHILLI Mayonnaise

€ 11



F

SUPPE DES TAGES

€ 7

HAUPTGERICHTE & BOWLS

OWLZ ROYAL SURF & TURF

200g Rib Eye vom österreichischem Rind, 100g Atlantik-Hummer, Cognac-Pfeffersauce, Kartoffelpüree mit Grana Padano-Käse und Jungzwiebeln

€ 46

(Mit Kirschholz geräuchert anschließend unter Rauchglocke am Tisch serviert.)

20 min Wartezeit

A,B,G

SMOKEY CHICKEN BOWL

Gebackene Hühnerstreifen, Kartoffelsalat, Speck, Gurken, geräucherte Mayonnaise

€ 21

A,C,F

PULLED PORK BOWL

Gezupfter Schweinebraten, hausgemachter Krautsalat, Karotten-Creme-Püree, geröstete Zwiebeln, BBQ-Sauce

€ 24

A,C,M

SALMON MEDLEY

Lachsragout in Orangen-Dill-Senf-Sauce, Beluga-Linsen, Babyspinat, Gemüsechips, Orangenfilets

€ 26

A,G,M,O

TERIYAKI KYOTO BOWL

Gegrillte Hühnerfiletstreifen, Wok-Gemüse, Teriyaki-Sauce, Cashewnüsse, Jungzwiebel, Sushi-Reis, schwarzer & weißer Sesam, Limette

€ 25

E,F,H,N,O

PINZGAU GREENS BOWL

Pinzgauer Kaspresknödel, Salat-Ensemble, Rohkost, Nüsse, Senf-Balsamico-Dressing, Mango-Chilli-Mayonnaise

€ 20

A,C,G,E,H,F



PUMPKIN RISOTTO

Gegrillter Hokkaido-Kürbis, Butter-Gewürzsauce, Grana Padano-Käse Balsamico-Glace

€ 20

G,O



TRINITY TOFU BOWL

gegrillter Tofu, Sushi-Reis, scharfe Mayonnaise, eingelegte Birnen, Rotkraut, Gurke, Radieschen

€ 23

F,O



WINTER PORTOBELLO BOWL

Quinoa, Portobello Pilze, Zucchini, Paprika, Chioggia rote Bete, Romanesco, Kirsch-Balsamico-Glace

€ 21

O



PLANTED.

TERIYAKI CHICKEN BOWL

Gegrillte PLANTED CHICKEN, Wok-Gemüse, Teriyaki-Sauce, Cashewnüsse, Jungzwiebel, Sushi-Reis, schwarzer & weißer Sesam, Limette

€ 25

E,F,H,N,N,O



planted.



EXTRA DIPS & SAUCEN



- WASABI Mayo
- MANGO-CHILLI Mayo
- ANANAS-CHILLI Mayo
- GERÄUCHERTE Mayo
- SCHARFE Mayo

€ 1,90

F

- TERIYAKI-Sauce

€ 2,90

F,N,D

- COGNAC-PFEFFER-Sauce

€ 3,90

G



DESSERTS

HABANERO SCHOKO LAVAKUCHEN

€ 12

Frisch gebackenes Schokoladenküchlein mit flüssigem Kern mit Habanero-Chillis, Vanilleeis und Himbeersauce

10 min Wartezeit

A,C,G

WINTERLICHER CHIA-KOKOSNUSS PUDDING

€ 8

mit Apfel-Zimtsauce

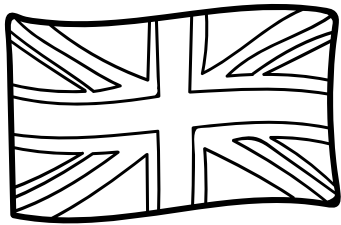


HAUSGEMACHTER MANGO-KÄSEKUCHEN

€ 9

mit Mango angereicherter Schlagsahne

A,L,G



ENGLISH MENU



OWLZ & BOWLZ



STARTERS & SIDES

PRAWNS PIRI PIRI €14
 King prawns, sushi rice, fresh herbs, grilled pineapple, ANANAS-CHILLI mayonnaise



B,F

SMALL SALAD BOWL €7
 Salad ensemble, raw vegetables, pomegranate citrus dressing, nuts, orange fillets

E,H



OWLZ SWEET POTATO FRIES €8
 Sweet potato fries, vegan WASABI mayonnaise

F

CAULIFLOWER WINGS €11
 Deep-fried cauliflower roses, MANGO-CHILLI mayonnaise



F



EDAMAME €7
 coked Japanese beans
 -salty
 -spicy

F

SOUP OF THE DAY €7

MAIN DISHES & BOWLS

OWLZ ROYAL SURF & TURF €46
 200g rib eye from Austrian beef
 100g Atlantic lobster,
 Cognac pepper sauce, mashed potatoes with Grana Padano cheese and spring onions
 (Smoked with cherry wood and then served at the table under a smoking bell).
 20 min waiting time

A,B,G

PINZGAU GREENS BOWL €20
 Pinzgau cheese dumplings, salad ensemble, raw vegetables, nuts, mustard-balsamic dressing,
 mango chili mayonnaise

A,C,G,E,H,F



SMOKEY CHICKEN BOWL €21
 Baked chicken strips, potato salad, bacon, cucumber, smoked mayonnaise

A,C,F

PUMPKIN RISOTTO €20
 Grilled Hokkaido pumpkin, butter and spice sauce, Grana Padano cheese balsamic glaze

G,O



PULLED PORK BOWL €24
 Plucked roast pork, homemade coleslaw, carrot cream puree, roasted onions,
 BBQ sauce

A,C,M

TRINITY TOFU BOWL €23
 grilled tofu, sushi rice, spicy mayonnaise, pickled pears, red cabbage, cucumber, radish

F,O



SALMON MEDLEY €26
 Salmon ragout in orange-dill-mustard sauce, beluga lentils, baby spinach, vegetable potato chips, orange fillets

A,G,M,O

WINTER PORTOBELLO BOWL €21
 Quinoa, portobello mushrooms, Zucchini, Paprika, Chioggia beet, romanesco, cherry-balsamic-glaze

O



TERIYAKI KYOTO BOWL €25
 Grilled chicken fillet strips, wok vegetables, teriyaki sauce, cashew nuts, spring onion,
 sushi rice, black & white sesame seeds, lime

E,F,H,N,O

PLANTED. TERIYAKI CHICKEN BOWL €25
 Grilled PLANTED. CHICKEN, wok vegetables, teriyaki sauce, cashew nuts, spring onion,
 sushi rice, black & white sesame seeds, lime

E,F,H,N,O





EXTRA DIPS & SAUCES



- WASABI - Mayo
- MANGO - CHILLI Mayo
- PINEAPPLE - CHILLI Mayo
- SMOKED - Mayo
- SPICY - Mayo

€ 1,90

F

- TERIYAKI-Sauce

€ 2,90

F,N,D

- COGNAC-PEPPER-Sauce

€ 3,90

G



DESSERTS

HABANERO CHOCOLATE LAVA CAKE

€ 12

Freshly baked chocolate cake with a molten center, infused with Habanero chillis, vanilla ice cream and raspberry sauce

10 min preparation time

A,C,G

WINTER CHIA AND COCONUT PUDDING

€ 8

with apple-cinnamon sauce



HOMEMADE MANGO CHEESECAKE

€ 9

Whipped cream enriched with mango

A,L,G