



# OWLZ & BOWLZ



## VORSPEISEN & BEILAGEN

### GARNELEN PIRI PIRI

Königsgarnelen, Sushi-Reis, frische Kräuter, gegrillte Ananas, ANANAS-CHILLI-Mayonnaise

€ 14



### KLEINE SALAT BOWL

Salat-Ensemble, Rohkost, Granapfel-Zitrusdressing, Nüsse, Orangenfilets

€ 7

### OWLZ SWEET POTATO FRIES

Süßkartoffel-Pommes, vegane WASABI Mayonnaise

€ 8



### CAULIFLOWER WINGS

Frittierte Blumenkohlrosen, MANGO-CHILLI Mayonnaise

€ 11



### EDAMAME

gekochte japanische Bohnen

€ 7



-salzig  
-scharf

### SUPPE DES TAGES

€ 7

## HAUPTGERICHTE & BOWLS

### OWLZ ROYAL SURF & TURF

200g Rib Eye vom österreichischem Rind, 100g Atlantik-Hummer, Cognac-Pfeffersauce, Kartoffelpüree mit Grana Padano-Käse und Jungzwiebeln

€ 46

(Mit Kirschholz geräuchert anschließend unter Rauchglocke am Tisch serviert.)  
20 min Wartezeit

### PINZGAU GREENS BOWL

Pinzgauer Kaspressknödel, Salat-Ensemble, Rohkost, Nüsse, Senf-Balsamico-Dressing, Mango-Chilli-Mayonnaise

€ 20



### SMOKEY CHICKEN BOWL

Gebackene Hühnerstreifen, Kartoffelsalat, Speck, Gurken, geräucherte Mayonnaise

€ 21

### PUMPKIN RISOTTO

Gegrillter Hokkaido-Kürbis, Butter-Gewürzsauce, Grana Padano-Käse Balsamico-Glace

€ 20



### PULLED PORK BOWL

Gezupfter Schweinebraten, hausgemachter Krautsalat, Karotten-Creme-Püree, geröstete Zwiebeln, BBQ-Sauce

€ 24

### TRINITY TOFU BOWL

gegrillter Tofu, Sushi-Reis, scharfe Mayonnaise, eingelegte Birnen, Rotraut, Gurke, Radieschen

€ 23



### SALMON MEDLEY

Lachsragout in Orangen-Dill-Senf-Sauce, Beluga-Linsen, Babyspinat, Gemüsechips, Orangenfilets

€ 26

### WINTER PORTOBELLO BOWL

Quinoa, Portobello Pilze, Zucchini, Paprika, Chioggia rote Bete, Romanesco, Kirsch-Balsamico-Glace

€ 21



### TERIYAKI KYOTO BOWL

Gegrillte Hühnerfiletstreifen, Wok-Gemüse, Teriyaki-Sauce, Cashewnüsse, Jungzwiebel, Sushi-Reis, schwarzer & weißer Sesam, Limette

€ 25

### TERIYAKI PLANTED CHICKEN BOWL

Gegrillte PLANTED CHICKEN, Wok-Gemüse, Teriyaki-Sauce, Cashewnüsse, Jungzwiebel, Sushi-Reis, schwarzer & weißer Sesam, Limette

€ 25





## EXTRA DIPS & SAUCEN



- WASABI Mayo
- MANGO-CHILLI Mayo
- ANANAS-CHILLI Mayo € 1,90
- LIMETTEN Mayo
- GERÄUCHERTE Mayo
- SCHARFE Mayo
- TERIYAKI-Sauce € 2,90
- COGNAC-PFEFFER-Sauce € 3,90

## DESSERTS

### HABANERO SCHOKO LAVAKUCHEN € 12

Frisch gebackenes Schokoladenküchlein mit flüssigem Kern, infusiert mit Habenero-Chillis, Vanilleeis und Himbeersauce

10 min Wartezeit



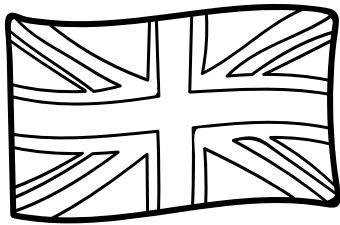
### WINTERLICHER CHIA-KOKOSNUSS PUDDING € 8

mit Apfel-Zimtsauce

### HAUSGEMACHTER MANGO-KÄSEKUCHEN € 9

mit Mango angereicherter Schlagsahne





ENGLISH MENU



OWLZ &  
BOWLZ



## VORSPEISEN & BEILAGEN

### PRAWNS PIRI PIRI

King prawns, sushi rice, fresh herbs, grilled pineapple, ANANAS-CHILLI mayonnaise

€ 14



### SMALL SALAD BOWL

Salad ensemble, raw vegetables, pomegranate citrus dressing, nuts, orange fillets

€ 7

### OWLZ SWEET POTATO FRIES

Sweet potato fries, vegan WASABI mayonnaise

€ 8



### CAULIFLOWER WINGS

Deep-fried cauliflower roses, MANGO-CHILLI mayonnaise

€ 11



### EDAMAME

cooked Japanese beans

€ 7



-salty  
-spicy

### SOUP OF THE DAY

€ 7

## MAIN DISHES & BOWLS

### OWLZ ROYAL SURF & TURF

200g rib eye from Austrian beef  
100g Atlantic lobster,  
Cognac pepper sauce, mashed potatoes with Grana Padano cheese and spring onions  
(Smoked with cherry wood and then served at the table under a smoking bell).  
20 min waiting time

€ 46

### PINZGAU GREENS BOWL

Pinzgau cheese dumplings, salad ensemble, raw vegetables, nuts, mustard-balsamic dressing,  
mango chili mayonnaise

€ 20



### SMOKEY CHICKEN BOWL

Baked chicken strips, potato salad, bacon, gherkins, smoked mayonnaise

€ 21

### PUMPKIN RISOTTO

Grilled Hokkaido pumpkin, butter and spice sauce, Grana Padano cheese balsamic glaze

€ 20



### PULLED PORK BOWL

Plucked roast pork, homemade coleslaw, carrot cream puree, roasted onions,  
BBQ sauce

€ 24

### TRINITY TOFU BOWL

grilled tofu, sushi rice, spicy mayonnaise, pickled pears, red cabbage, cucumber, radish

€ 23



### SALMON MEDLEY

Salmon ragout in orange-dill-mustard sauce, beluga lentils, baby spinach, vegetable potato chips, orange fillets

€ 26

### WINTER PORTOBELLO BOWL

Quinoa, Portobello Pilze, Zucchini, Paprika, Chioggia rote Bete, Romanesco, Kirsch-Balsamic-Glaze

€ 21



### TERIYAKI KYOTO BOWL

Grilled chicken fillet strips, wok vegetables, teriyaki sauce, cashew nuts, spring onion,  
sushi rice, black & white sesame seeds, lime

€ 25

### TERIYAKI PLANTED

Grilled PLANTED CHICKEN, wok vegetables, teriyaki sauce, cashew nuts, spring onion,  
sushi rice, black & white sesame seeds, lime

€ 25





## EXTRA DIPS & SAUCES



- WASABI Mayo
- MANGO-CHILLI Mayo
- ANANAS-CHILLI Mayo € 1,90
- LIMETTEN Mayo
- SMOKED Mayo
- SCHARFE Mayo
- TERIYAKI-Sauce € 2,90
- COGNAC-PFEFFER-Sauce € 3,90

## DESSERTS

### HABANERO CHOCOLATE LAVA CAKE € 12

Freshly baked chocolate cake with a molten center, infused with Habenero chillis, vanilla ice cream and raspberry sauce

10 min waitingtime



### WINTER CHIA AND COCONUT PUDDING € 8

with apple-cinnamon sauce

### HOMEMADE MANGO CHEESECAKE € 9

Whipped cream enriched  
with mango

