



OWLZ & BOWLZ



STARTERS | SIDES

GARNELEN PIRI PIRI

Königsgarnelen, Sushi-Reis, Mango, Ananas, frische Kräuter, SPICY Mayonnaise



€ 13

OWLZ SWEET POTATO FRIES

Süßkartoffel-Pommes, vegane WASABI Mayonnaise

€ 8



EDAMAME

gekochte japanische Bohnen

-salzig

€ 6



-scharf mit TERYAKI-Sauße



€ 7

KLEINE SALAT BOWL

Salat-Ensemble, Rohkost, Granapfel-Zitrusdressing, Nüsse, Orangenfilets

€ 7



CAULIFLOWER WINGS

Frittierte Blumenkohlrosen, MANGO-CHILLI Mayonnaise

€ 11



EXTRA DIPS & SAUCEN:

- WASABI
 - MANGO-CHILLI
 - LIMETTEN
 - GERÄUCHERTE
 - SPICY
- vegane Mayonnaise € 1,80
- TERYAKI-Soße € 2,30

BOWLZ | MAINS

OWLZ SURF & TURF BOWL

STEAK-Entrecôte vom BLACK ANGUS Rind (200g), 3 Königsgarnelen, TERYAKI-Soße, Sushi-Reis, Rotkraut, Gurke, Radieschen, Gemüsechips hausgemachte Guacamole (20 min Wartezeit)

€ 38

SPICY TUNA BOWL

Roh mariniertes Thunfisch, Sushi Reis, SPICY Mayonnaise, Ananas, Mango, Edamame, Gurke, Rotkraut, Sesam

€ 23

FRESH SALMON BOWL

Roh mariniertes Lachs, Sushi-Reis, Limetten-Mayonnaise, Avocado, Mango, Ingwer, Edamame, Koriander

€ 23

SMOKEY CHICKEN BOWL

Gebackene Hühnerstreifen, Kartoffelsalat, Speck, Gurken, geräucherte Mayonnaise

€ 19

MELON FAKE TUNA BOWL

Sushi Reis, marinierte Wassermelonen-Würfel, Avocado, Edamame, Gurke, Sesam, scharfe Mayonnaise

€ 19



TOFU NACHO BOWL

gebackener Tofu, Sushi-Reis, scharfe Mayonnaise, Nachos, Rotkraut, Gurke, Radieschen

€ 23



FETA MELON BOWL

Couscous, Rucola, Feta-Käse, Wassermelone, Honigmelone, Cashewkerne, gereiftes Balsamico-Dressing

€ 20



PINZGAU GREENS BOWL

Pinzgauer Kaspressknödel, Salat-Ensemble, Rohkost, Nüsse, Senf-Balsamico-Dressing, Mango-Chilli-Mayonnaise

€ 20



SWEETS | DESSERTS

CHIA-KOKOSNUSS PUDDING

mit exotischem Früchte-Püree

€ 8



HABANERO SCHOKO LAVAKUCHEN

mit Vanilleeis und Himbeersoße

€ 9

HUA SORBETS

Mango, Himbeere und Kirschsorbet mit Früchten

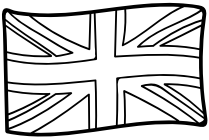
€ 7



HAUSGEMACHTE MOCHI

Kokosnuss, Apfelstrudel & Wassermelone (3 Stück)

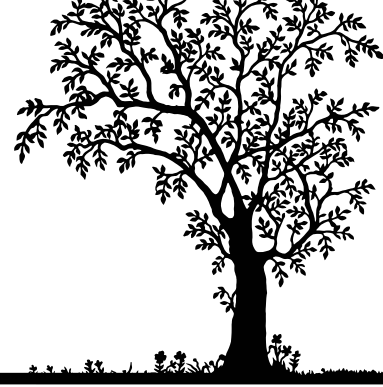
€ 10



ENGLISH
MENU



OWLZ &
BOWLZ



STARTERS | SIDES

SHRIMPS PIRI PIRI

King prawns, sushi rice, mango, pineapple, fresh herbs, SPICY mayonnaise



€ 13

OWLZ SWEET POTATO FRIES

Sweet potato fries, vegan WASABI mayonnaise

€ 8

EDAMAME

boiled Japanese beans
-salty

€ 6

-spicy with TERIYAKI-Sauce



€ 7

SMALL SALAD BOWL

Salad ensemble, raw vegetables, pomegranate citrus dressing, nuts, orange fillets

€ 7



CAULIFLOWER WINGS

Fried cauliflower, MANGO CHILLI mayonnaise

€ 11



EXTRA DIPS & SAUCES:

- WASABI
 - MANGO-CHILLI
 - LIME
 - SMOKEY
 - SPICY
 - TERIYAKI-Sauce
- vegan Mayonnaise € 1,80
- € 2,30

BOWLZ | MAINS

OWLZ SURF & TURF BOWL

€ 38

STEAK entrecôte from BLACK ANGUS beef (200g), 3 king prawns, TERIYAKI sauce, sushi rice, red cabbage, cucumber, radishes, vegetable chips and homemade guacamole (20 min waiting time)

SPICY TUNA BOWL

€ 23

Raw marinated tuna, sushi rice, SPICY mayonnaise, pineapple, mango, edamame, cucumber red cabbage, sesame

FRESH SALMON BOWL

€ 23

Raw marinated salmon, sushi rice, lime mayonnaise, avocado, mango, ginger, edamame, coriander

SMOKEY CHICKEN BOWL

€ 19

Fried chicken strips, potato salad, bacon, cucumbers, smoked mayonnaise

MELON FAKE TUNA BOWL

€ 19

Sushi rice, watermelon, avocado, edamame, cucumber, sesame, spicy mayonnaise



TOFU NACHO BOWL

€ 23

baked tofu, sushi rice, spicy mayonnaise, nachos, red cabbage, cucumber, radishes



FETA MELON BOWL

€ 20

Couscous, arugula, feta cheese, watermelon, honeydew melon, cashews, aged balsamic dressing



PINZGAU GREENS BOWL

€ 20

Pinzgau cheese dumplings, salad ensemble, raw vegetables, nuts, mustard balsamic dressing, mango chilli mayonnaise



SWEETS | DESSERTS

CHIA-COCONUT PUDDING

with exotic fruit puree

€ 8

HABANERO CHOCOLATE LAVACAKE

with vanilla ice cream and raspberry sauce

€ 9

HUA SORBETS

Mango, raspberry and cherry sorbet with fruits

€ 7

HOMEMADE MOCHI

Coconut, apple strudel & watermelon (3 Pieces)

€ 10

